

A Transformation Vision of a Better Life Through FIDA-IDD

Queen Developmental Disabilities Council JoAnn Lamphere, DrPH, Deputy Commissioner, OPWDD April 4, 2016

Discussion Outline

- FIDA-IDD Rationale
- Benefits, Services & Eligibility
- What Makes FIDA Unique
- Signing Up to Participate
- ≻Wrap Up



Rationale for Managing Care

- Eliminate individuals' worries live life
- Coordinate services effectively and reduce duplication, time lags, etc. of service provision
- Facilitate individual choice and empowerment
- Facilitate community care rather than institutions
- Provide help to caregivers and family members who are supporting enrollee
- Individuals have a single-source contact to help them navigate complex systems
- Avoid higher cost services and products when lower-cost, "clinically" appropriate services can be rendered NEW YORK **Office for People With Developmental Disabilities**

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A Partnership

- The Office for People With Developmental Disabilities (OPWDD) is partnering with NYS Department of Health (DOH) and the federal Centers for Medicare and Medicaid Services (CMS) to offer a program to people who receive services through Medicare and Medicaid.
- This is called the "Fully Integrated Duals Advantage for individuals who have Intellectual and Developmental Disabilities" program, or "FIDA-IDD."





What is the FIDA-IDD

- One health plan that brings together Medicare, Medicaid and Developmental Disability Services
- A personal health care plan that's centered on you the individual
- A health plan that gives one all the care and supports needed in one place
- Services are provided by a network of providers contracted with the health plan
- Partners Health Plan (PHP) is the only plan selected by CMS to offer the FIDA-IDD program



FIDA-IDD Implementation

- FIDA-IDD plan will deliver integrated health and long term care benefits to individuals with Medicare and Medicaid who reside in targeted geographic area and who choose to participate in the Demonstration.
 - Target area NYC, Nassau, Suffolk, Westchester, Rockland
 - Target population (n = 20,000)
 - Enrollment in FIDA to be available in all targeted counties; no phased implementation and no passive enrollment
 - Plan is responsible for coordination of *all* the individual's services (Medicare acute, Medicaid, specialty OPWDD services, and any others required to meet the individual's needs)
 - FIDA-IDD Demonstration period is from April 2016 -- December 2020
 - Enrollment is voluntary



Comprehensive Benefits & Services

Medicare primary care, physician & specialty services, hospitalization, prescription drugs

Medicaid

- Care Management
- Long Term Supports & Services
- Behavioral Health
- OPWDD waiver services if already enrolled in the 1915(c) HCBS Waivered Services
- Pharmacy
- Transportation
- Dental



Medicare Benefits

Outpatient

- Doctors
- Specialists
- Clinic services
- Outpatient surgery

Inpatient

Hospital

Part D Drugs

 Using approved Part D formulary

Limited

- Nursing home
- Home care
- BH
- ** Covered by Medicaid if over limits



Who Can Join the FIDA-IDD

If you are 21 or older; and

Entitled to benefits under Medicare Part A and enrolled in Part B, eligible to enroll in Part D, and eligible for full Medicaid benefits; and

Eligible for OPWDD services, MHL 1.03(22); and

Eligible for ICF-IDD level of care

Live in NYC, Nassau, Suffolk, Westchester, or Rockland counties





What's Different About FIDA-IDD

- Health Plan provides Person-Centered Care Management and Comprehensive Health Care coverage – not bounced between Medicare & Medicaid
- Individuals enrolled actively participate in planning for their medical, behavioral, long-term services & supports and social needs --develop a "Life Plan" (like an ISP)
- Individual has a Care Manager and an Interdisciplinary Team (IDT) to help plan, coordinate and assist individuals in accessing services & supports, improving quality of life & accomplishing life goals



IDT Responsibilities

- The IDT composition is based on an enrollee's specific preferences and needs and each IDT member will respect the individual's linguistic and cultural competence and treat them with dignity.
- The IDT/ Plan is responsible for making coverage determinations as part of service planning.
- After the first IDT meeting, the IDT must convene routinely, but not more than six months from the previous IDT meeting.
- These meetings may occur more frequently, since the IDT must reconvene after a reassessment due to a qualifying trigger event (hospitalization, change in health status, etc.)



Care Coordination is a System



Benefits of Care Coordination System

- Increased individual satisfaction and choice through person-centered planning
- Service authorization, activation and monitoring with reduced paperwork
- Improved access to services and providers and reduction of unnecessary delays
- Enhanced integrated opportunities for independence to the extent possible
- Support of meaningful outcomes and value-based performance metrics
- ➢ IT enabled communication
- Increased system accountability



What Else Makes FIDA-IDD Unique

- Capitated to provide Medicare, Medicaid, Part D and Medicaid drug benefits
- No deductibles, premiums, copays or coinsurance cost
- >One benefit card to access all services
- Person-Centered Planning Team
- Additional outside supports through the new Ombudsman



ICAN Ombudsman

- ICAN is independent, conflict-free ombudsman program through a network of 12 providers in CSS of NY.
- Offers free assistance to individuals enrolled in FIDA-IDD in accessing care, understanding and exercising rights and responsibilities, and appealing adverse decisions made by their FIDA-IDD Plan.



Ombudsman Service



- Ombudsman helps people enrolled in the FIDA-IDD Plan with access to covered services and items, questions about billing, or other questions and problems
- The Ombudsman can help enrollees file a grievance or an appeal with the plan
- The Ombudsman will provide direct assistance in navigating coverage and in understanding and exercising one's rights and responsibilities



Enrolling in FIDA-IDD is Easy

Enrollment being done through the State's enrollment broker, **New York Medicaid Choice**

New York Medicaid Choice is providing education and assistance and will enroll individual in the program, if chosen

Enrollment can be done over the phone, by mail, or in person

Enrolling in the FIDA-IDD program is voluntary





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How to Learn More?

- Beneficiaries can call New York Medicaid Choice at
- ▶•1-844-343-2433
- ➤•Monday-Friday 8:30 am -8:00 pm
- ➤•Saturday 10:00 am -6:00 pm
- •TTY 1-888-329-1541 http://www.nymedicaidchoice.com



Education and Outreach

- Presentations to individuals & families (ongoing)
- Presentations to providers & stakeholders (ongoing)
- •List of information sessions available at http://phpcares.org/events-news





Benefits of Partnering in FIDA Initiative

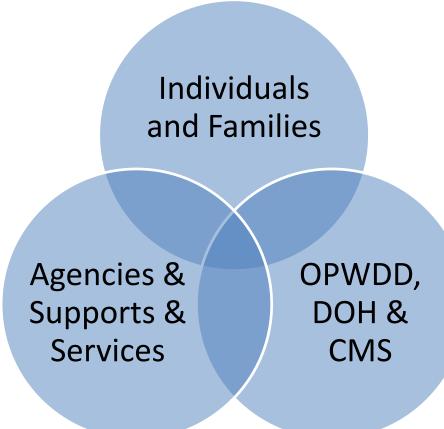
- Innovative providers are key players and change agents
- Partners viewed favorably by OPWDD, DOH and CMS
- Entities that are first to table will have experience that will be unique among counterparts
- There is no financial risk as organizations enter into contract agreement



FIDA-IDD: First Learning Opportunity

- ➢ FIDA-IDD MOU signed 11/ 2015
- FIDA-IDD CMS press release: <u>https://www.cms.gov/Newsroom/MediaReleaseD</u> <u>atabase/Press-releases/2015-Press-releases-</u> <u>items/2015-11-05.html</u>
- Three-way contract among PHP, State and CMS has been executed 1/2016
- Readiness review completed
- The Interdisciplinary Team Policy finalized
- More questions related tFIDA-IDD@opwdd.ny.govo FIDA-IDD, email: Office for People With Developmental Disabilities

Conclusion: Achieving the Transformation Vision





Questions and Discussion



